

## East Side Food Programs - Info and Statistics

Our food shelves provide food support for individuals and families who face temporary or ongoing food insecurity. We do this by providing our participants with fresh fruits and vegetables (with a goal of at least 40% to be given) along with fresh dairy, meats, whole grain products, culturally familiar foods, and a variety of non-perishable foods. We also provide recipe and nutritional information and referrals to other food resources. We play an important role in increasing our communities' consistent access to healthy foods and encouraging healthy eating habits. All this happens with the support of food donors and suppliers - Target Northeast and Target Dinkytown, Lunds and Byerly's, Second Harvest Heartland, The Food Group, and local food drives.

### 2022 Statistics

**1,041,400 pounds distributed**  
**62,800 services given (avg. of 17 pounds per service)**

**5,665 individuals received at least 1 service**  
**806,126 pounds of food donated**  
**38% of food given away was fresh fruit and vegetables**

## Senior Food Shelf

The Senior Food Shelf (SFS) in Northeast Minneapolis distributed 118,758 pounds of food to adults 55 and older and their families in 2022. 879 distinct households visited the food shelf. Out of the 995 individuals who visited the food shelf, over half were 65 years and older. The Senior Food Shelf also continues to expand its delivery option and delivers to an average of 50 participants a month. In addition to offering fresh produce and non-perishable and perishable food staples at its brick and mortar location and through its delivery option, the Senior Food Shelf also offers pet food to its participants when available.

The Senior Food Shelf partnered with the Target store at the Quarry in Northeast Minneapolis to supplement its inventory with additional food items like produce, dairy, deli, and bakery. In 2022, the SFS staff and volunteers rescued 229,090 pounds of food from the retailer. Local churches, businesses, and community members supported the Senior Food Shelf with food and financial donations as well as volunteering their time.



## Glendale Food Shelf

The Glendale Food Shelf (GFS) distributed 61,747 pounds of food to 472 visitors in 2022. 127 households in the Glendale Townhomes campus utilized the food shelf to support their food needs with produce, perishable and non-perishable staples such as milk, eggs, and other nutritious and culturally familiar food items. In 2022, GFS partnered with the Target Store in Dinkytown to rescue 29,147 pounds of food. Food rescue products such as produce, dairy, and deli items, supplemented the food Glendale purchased from local food banks and wholesale vendors.

In addition to its regular food shelf operation, GFS hosted fresh produce distributions in the summer of 2022. From July-September, the Glendale Food Shelf partnered with the Minneapolis Parks and Recreation Board to host a monthly fresh produce distribution outside of the Luxton Park Community Center. 7,303 pounds of fresh produce was distributed among 994 visitors, serving 225 households in the neighborhood.

Glendale Food Shelf also hosted a monthly produce distribution at Van Cleve Park from July-September thanks in large part to a partnership with Southeast Como Improvement Association (SECIA). 916 individuals in the community participated in the fresh produce distribution events. 5,919 pounds of fresh produce such as potatoes, apples, corn, onions, cabbage and tomatoes were shared at the produce distributions thanks to East Side Neighborhood Services and SECIA volunteers.



# High Rise Mobile Food Shelf

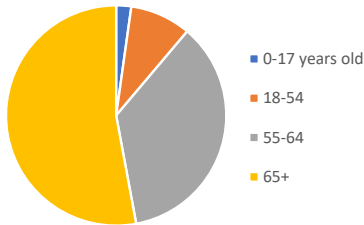
The High Rise Mobile Food Shelf (HRMFS) began in 2022 with 41 delivery sites in Hennepin County and ended the year with 49 sites. Over 350 volunteers that either live or work at the participant buildings helped distribute 762,269 pounds to 3,695 households. Nearly 86% of the 4,014 individuals who utilized the mobile program in 2022 were 65 years of age or older. Community partners such as Hennepin County, Minneapolis Health Department, local housing authorities, food banks, and wholesale vendors ensured that the High Rise Mobile Food Shelf could be consistent in providing fresh and nutritious food options to its participants. The mobile program also partnered with the Lunds and Byerlys store in Northeast to rescue 142,828 pounds of food to be used by the food shelf.

HRMFS added Nicollet Towers, a Volunteers of America high rise in downtown Minneapolis as their 49th food delivery site in October 2022. Nicollet Towers initially participated in a series of fresh produce drops hosted by the High Rise Mobile Food Shelf during the summer months and expressed interest in continuing the partnership with us. From July-September HRMFS distributed 6,641 pounds of fruits and vegetables to over 200 households in the community, during monthly fresh produce distribution events. The Pentagon Apartments in the Ventura Village neighborhood of Minneapolis will be the HRMFS' 50th distribution site starting in February 2023.

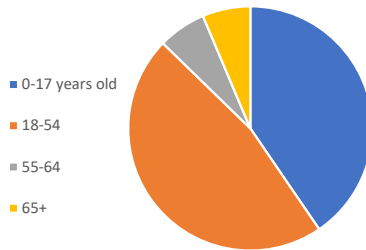


**Staff Composition:** The ESNS Food Programs consist of 6 full-time staff, 4 part-time staff, 2 of East Side's Senior Community Service Employment job seekers and over 350 community volunteers.

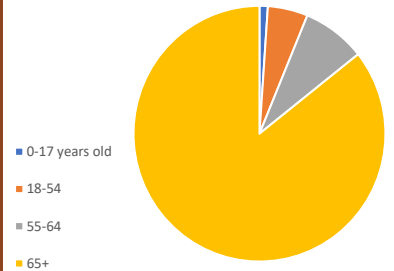
**Senior Food Shelf  
2022 Participant Age**



**Glendale Food Shelf  
2022 Participant Age**



**High Rise Mobile Food Shelf  
2022 Participant Age**



Program Contact:  
Director, Food Programs  
Carolina Elizondo  
Email: [Celizondo@esns.org](mailto:Celizondo@esns.org)  
Phone: 612.787.4111

1700 2nd St NE Minneapolis, MN 55413  
[Esns.org/foodprograms](https://Esns.org/foodprograms)

